

Violence Prevention

Resources on the Health Effects of Violence and Sexual Assault



CHN RCS
canadian-health-network.ca
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Resource Guide brought to you by the
Canadian Health Network and the
Kitchener Public Library

This guide has been created to help you find information on violence prevention issues available in the library, on the Canadian Health Network (CHN) Web site and includes information about organizations in the Kitchener area. If you are interested in learning more about this topic, please ask the librarian or contact CHN at <http://www.canadian-health-network.ca/>

Kitchener Public Library Collection

Compiled by the staff of Kitchener Public Library

BOOKS

Safe teen: powerful alternatives to violence (2001)
Roberts, Anita. Call no. 155.518
Suitable for teachers, counsellors and teens, this book takes a broad look at violence, examining its roots, identifying behaviours, and suggesting strategies.

The first casualty: violence against women in Canadian military communities (2002)
Harrison, Deborah. Call no. 362.8292
Examines how military culture contributes to abuse, keeps it secret, and attempts to silence its victims. Contains accounts of violence against women in military families.

Ten talks parents must have with their children about violence (2000)
Cappello, Dominic. Call no. 649.1
Written by a parent educator and policy advocate on school violence, this series of ten talks about violence includes real-life scenarios to which children can relate.

Task force on the health effects of women abuse: Final report (2000)
Middlesex-London Health Unit. Call no. 362.8292
This final report includes 29 recommendations and a timeline for their delivery to ensure that Middlesex-London moves forward in its efforts to prevent woman abuse. (Also available online, go to <http://www.healthunit.com/reportsresearch.htm> click on Reports and select Task Force Report).

The emotional terrorist and the violence-prone (2000)
Pizzey, Erin. Call no. v362.8292
Written by the founder of the first refuge for battered wives in 1971. This book argues that not every battered woman is simply a victim.

Quicksand: one woman's escape from the husband who stalked her – a true story (2001)
Singer, Ellen. Call no. 362.8292092
This book takes us behind closed doors to tell a true story of spousal abuse and the dangers faced by those who try to escape.

Living between danger and love: the limits of choice (2000)
Jones, Kathleen B. Call no. 362.82920973
Is there a profile for victims of domestic violence? This true story compels us to accept the fact that any woman can become such a victim.

To be an anchor in the storm: a guide for families and friends of abused women (1997)
Brewster, Susan. Call no. 362.82920973
This guide is for those who want to help a friend or loved one escape a violent relationship. Learn to recognize the signs of abuse, how to deal with your own feelings, and how to intervene in a way that will help, not hurt.

Preventing violence in America. Issues in children's and families' lives series. Vol. 4 (1996)
Hampton, Robert L. et al. Call no. 303.6
Presenting a blend of history, theory, applications, and training programs dealing with violence, this book addresses both the causes and prevention of violent behaviour.

The right to be free: women in abused relationships (1997)
Barreiro, Laura et al. Call. No. 362.8292
Produced by the Women Abuse Program of St. Christopher House in Toronto, this resource is written for new literates, in English and in Portuguese.

VIDEOS

It's not like I hit her (2000)
Call no. 362.8292 Its
Part of the "Preventing Family Violence" series this video examines emotional abuse directed at women by their male partners.

A room full of men. (n.d.)

National Film Board & Health Canada

Call no. 362.8292 Room

Part of the "Preventing Family Violence" series (prod. 1992), this video asks why men are abusive to women and how they can change.

Post-traumatic stress disorder (1997)

Douglas, Penelope et al. Call no. HEA T11473

Examines post-traumatic stress disorder, which can be related to feelings of helplessness suffered by victims of child abuse, sexual assault, or domestic violence.

Canadian Health Network

<http://www.canadian-health-network.ca/>
Web Resources

*Compiled by the Violence Prevention Affiliate
for the CHN*

Woman abuse as a health issue

http://www.womanabuseprevention.com/html/health_issue.html

Gives an overview of the effects that violence has on women's physical and mental health, and well-being. Discusses the responsibilities of health-care providers in helping abused women.

Handbook for health care professionals

http://www.hotpeachpages.org/handbook/handbook_for-medical.html

Offers information and advice to health care professionals to help them understand woman abuse. Discusses wife battering, women leaving abusive relationships, and principles of intervention.

Getting through medical examinations: a resource for women survivors of abuse and their health care providers

<http://www.cwhn.ca/resources/csa/>

Provides information to health care providers and abuse survivors to make the medical encounter easier for both parties.

Rape crisis centres & transition houses

http://www.casac.ca/avcentres/crisis_centres.htm

Lists crisis centres and transition houses for every Canadian province and territory.

University of Alberta Sexual Assault Centre

<http://www.ualberta.ca/~uasac/>

Offers information on rape trauma syndrome, acquaintance assault, stalking and the impact violence has on relationships.

Preventing sexual assault

http://www.canadian-health-network.ca/html/newnotable/may1a_2002e.html

Explains sexual assault as defined in Canadian law. Lists and discusses specific 'date rape' drugs. Offers advice to those who suspect they might have been drugged and sexually assaulted. Outlines the seven steps to prevent a sexual assault.

Sexual assault: dispelling the myths

http://www.womanabuseprevention.com/html/sexual_assault.html

Lists and challenges various myths about rape. Explores the arguments surrounding the issue of sexual assault and offers 'facts to consider'.

When your partner has been sexually abused: a guide for partners

<http://www.hc-sc.gc.ca/hppb/familyviolence/pdfs/partner.pdf>

Gives guidance to individuals whose intimate partner was sexually abused as a child or teenager. Provides personal accounts that describe what survivors and their partners may experience at different stages in the recovery process.

Why you should know about date rape

<http://www.cafv.inet2000.com/Handouts/CY/WhyYouShouldKnowAboutDateRape.htm>

Provides rape-related statistics. Explores various myths associated with sexual assault.

Abuse information in many languages

<http://www.hotpeachpages.org/languages/languages.html>

Provides information about sexual assault and violence against women in 26 different languages

Local Resources in Kitchener

Waterloo Region Sexual Assault Treatment Centre

886 Queen's Boulevard, Kitchener, ON N2M 1B2
Tel: 519-749-6994 Voice & TTY: 519-749-6864
A 24-hour walk in and phone service provided by physicians, nurses, and social workers to assist anyone who has experienced sexual assault.

Kitchener-Waterloo Sexual Assault Support Centre

P.O. Box 2003, Kitchener, ON N2H 6K8
Tel: 519-571-0121

24 hr crisis & support: 519-741-8633

E-mail: kwsasc@web.net <http://www.kwsasc.org>

Information, referrals for support and community services, and advocacy in dealing with the police, courts and hospital are provided 24 hr/p/day, provided by women counsellors and volunteers to victims of sexual assault.

Anselma House

P.O. Box 2453 Stn.C, Kitchener, ON N2H 6M3

24 Hr Crisis Line: 519-742-5894

Toll free: 1-877-419-1517

E-mail: anselma@nonline.net

Anselma House provides a 24 hr crisis/support line and safe shelter for abused women.

Mary's Place: YWCA of Kitchener-Waterloo

84 Frederick St., Kitchener, ON N2H 2L7

Tel: 519-744-6507 E-mail: general@ywcakw.on.ca

Mary's Place provides food and safe shelter, crisis support, counselling, life skills training and referrals to community services and medical, legal and other professionals as needed.

<http://www.canadian-health-network.ca/>

Canadian Health Network, Western Regional Operating Centre (Vancouver Public Library) Tel: 1-877-711-2323, ext 7116 E-mail: info@chnwest.ca ;

Violence Prevention Affiliates (British Columbia Institute Against Family Violence, Education Wife Assault, and the National Clearinghouse on Family Violence);

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Financial contribution from the Canadian Health Network, Health Canada. The views expressed herein do not necessarily represent the official policies of Health Canada.